

# Clinical Psychology Internship Program of the U.S. Navy

Fully accredited by the [American Psychological Association](#) (APA) and is a member of the [Association of Psychology Postdoctoral and Internship Centers](#) (APPIC). Navy Psychology interns wear the rank of Naval Lieutenant and receive commensurate compensation and benefits. Salary begins at approximately \$50,000.

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## A Welcome Letter to Potential Applicants

Thank you for your interest in the United States Navy's predoctoral internship in professional psychology. Internships are offered at three sites. These are the [National Naval Medical Center](#) at Bethesda, Maryland; and the Naval Medical Centers at [San Diego, California](#) and [Portsmouth, Virginia](#). Each site is fully accredited by the [American Psychological Association](#) (APA) and is a member of the [Association of Psychology Postdoctoral and Internship Centers](#) (APPIC).

The US Navy offers positions to applicants from APA-accredited graduate programs in Clinical or Counseling Psychology who anticipate completion of didactic and practicum work prior to the internship starting date. Applicants must be approved as ready for internship by their program director. Applications should be made through

your local Navy Medical Recruiter. Recruiters may be located through your local telephone directory, by calling 1-800-USA-NAVY, or through the [Navy Recruiting Web Site](#).

Navy Psychology interns wear the rank of Naval Lieutenant and receive commensurate compensation and benefits. Salary begins at approximately \$50,000. Navy pay varies with local living costs and whether or not an intern has dependent family members. Persons with prior military service may receive more. Navy psychologists are obligated to serve three years of active duty beyond the internship year, but do not have to remain on active duty after that. The total of four years provides an outstanding preparation for either a civilian or military career.

We suspect that many student psychologists have never envisioned themselves as military officers. However, Navy Psychologists learn and practice essentially the same skills as civilian psychologists. The most unique aspect of practice in the Navy has to do with the demands of the milieu, specifically the needs of a seagoing military industry, and an air, sea, and amphibious fighting force. Most Navy Psychologists work in hospitals or clinics in the United States. Some work in Navy facilities in foreign countries, and some work in the medical departments of aircraft carriers.

We strongly encourage you to inquire further about our program. For those who can qualify, it provides high quality training, excellent pay and benefits, and a challenging job for three years after internship.

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## Eligibility and Military Information

### Eligibility Criteria:

- US citizen
- Under 39 years of age
- Meet the requirements of the US Navy physical exam and security clearance
- Completion of APA accredited academic and practica requirements for Ph.D. or Psy.D. in clinical or counseling psychology. Committee approval of dissertation proposal must be complete before entering active duty.

## Military Rank

- Interns are directly commissioned active duty officers (O-3 paygrade, Lieutenants) of the US Navy. Prior to coming to your internship training site, you will attend a six-week course, [Officer Indoctrination School](#) (OIS) in Newport, Rhode Island.

## Tour of Duty

- Interns will have one year of training status and then will have three additional years of obligated active duty service. As a Navy psychologist, you can be sent to a duty station that is CONUS (continental US), OCONUS (overseas), or an aircraft carrier (e.g., USS Enterprise, etc.).

## Military Benefits

- Salary starting at \$50,000 (includes basic pay, housing allowance and food allowance). Link to [Defense Finance and Accounting Service](#).
- 30 paid vacation days plus holidays per year
- Full medical and dental coverage
- Military discounts (e.g. Sailor's Relief Act, USAA, etc.)
- Base Exchange and nearby Commissary shopping

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## Application Procedures

The US Navy Internships participate in the APPIC Internship Matching Program. Details of the Application for Psychology Internship (AAPI) for 2002-2003 may be found on the [AAPIC web site](#).

## Program Code Numbers:

- NNMC Bethesda, MD - 348
- NMC Portsmouth, VA - 608
- NMC San Diego, CA - 152

## What you will need to complete your application:

- APPIC Standardized Internship Application Form.
- Curriculum Vitae: clinical experiences, research experience, publications, listing honors, and other information relevant to your training in psychology.
- Three supporting letters from your professors, program directors, supervisors or others familiar with your academic training, psychological skills, or supervised clinical experiences.
- Official transcripts of all college and graduate level courses.
- Contact and organize materials with your nearest Navy Health Professions Recruiter. The medical service recruiter is critical to the application process, providing information and assistance to you throughout the application process and completing requirements, such as application forms, security clearance paperwork, and physical examinations, in order to be considered qualified to be a Naval officer.

We encourage application from those whose dissertations will be completed prior to the start of our program. At the very least, the dissertation committee must approve the proposal before entering active duty. Data collection and analysis should be complete before beginning internship.

The training sites are National Naval Medical Center Bethesda, Maryland, Naval Medical Hospital Portsmouth, Virginia, and Naval Medical Hospital, San Diego, California. You must apply to any site and rank them separately, as they are three independent internship programs, although they share common goals and many similar experiences. Please see the links at the bottom of this page to direct you to the three different programs.

The US Navy internship programs subscribe rigorously to APA standards for program content and APPIC

Policy for notifying and accepting applicants. Applicants are expected to support this Policy as well. As

indicated above, a copy of the APPIC Policy should be available at their web site (<http://www.appic.org>).

For program details, please contact the National Naval Training Director at 301-295-

2476 or by email to [navyinternship@bethesda.med.navy.mil](mailto:navyinternship@bethesda.med.navy.mil).

This internship site agrees to abide by the APPIC policy that no person at this training facility will solicit, accept or use any ranking-related information from any intern applicant.

Links to Navy sites:

[NNMC Bethesda](#)

[NMC Portsmouth](#)

[NMC San Diego](#)

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Welcome to

*The Flagship of Navy Medicine*

# National Naval Medical Center



## Quick Facts about the National Naval Medical Center Psychology Internship Program

Member APPIC.

Accredited by the American Psychological Association (APA) since 1965. Described as a “model program” by previous site inspection teams.

A collegial faculty with a broad range of backgrounds, specialties, interests and operational experience. The faculty is comprised of psychologists, social workers and psychiatrists.

Training in Outpatient, Assessment, Behavioral Medicine, Substance Abuse, Long Term Psychodynamic Therapy, Family Therapy, Group Therapy, and

## Multidisciplinary Teams.

Experience with diverse patient populations who present with a wide variety of problems, Axis I and Axis II diagnoses.

Rank, pay and benefits of the a Navy Lieutenant: Minimum salary in the Washington, D.C. area is 50,000 with medical and dental benefits for the entire family, Navy Exchange and Commissary privileges, and 30 days of paid vacation plus holidays.

A comprehensive medical and teaching center which is the main referral hospital for all Navy medical facilities in the East Coast and US Forces in Europe. Over 60 internships, residencies and fellowships are located here.

Extensive didactic program including visitors of national reputation.

Immediate post internship employment with high levels of professional autonomy, and the opportunity to develop leadership and management skills that greatly enhance competitiveness for future positions.

The opportunity to live and work in locations spanning the globe.

Excellent preparation for either a Navy or civilian career.

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## NNMC General Information

The National Naval Medical Center (NNMC) is across the street from the [National Institutes of Health \(NIH\)](#) and the [National Library of Medicine](#), the resources of each being readily available to our staff and interns. NNMC treats the President of the United States, members of the President's cabinet and members of Congress and Senate, and all active duty military (Air Force, Army, Coast Guard, Marine Corps, Navy and Public Health Service). There are 61 professionally accredited residency and fellowship programs in medical and dental specialties. The hospital's pre-doctoral Clinical Psychology Internship Program has been fully accredited by the APA since 1964 and has been sited as a "model program" by the APA accrediting body.

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## Overview of the Internship Year

Prior to coming to your internship training site, you will attend a six-week course, [Officer Indoctrination School](#) (OIS), in Newport, Rhode Island. The internship is a one-year (52 week) program, which consists of three four-month training rotations (outpatient, health psychology and assessment), year-long minor rotations (two long-term psychodynamic cases, family/couple cases, group, and operational), paired with weekly supervision for each, multidisciplinary treatment teams, staff obligations and didactic seminars. The training is explained in further detail below.

The internship program is located at the National Naval Medical Center in Bethesda, Maryland. The National Capital Area is a diverse, academic, political, cultural, and recreational community. On the NNMC grounds is the [Uniformed Services University of the Health Sciences](#). Across the street from NNMC are the National Institute of Health (NIH) and the National Library of Medicine. NNMC and NIH have a Metro stop between the institutions that will take you downtown to the Smithsonian Institutes and national monuments for minimal cost. Washington DC is home the Capitals' hockey team, Wizard's basketball team, and Redskin's football team. Camden Yards, which hosts the Baltimore Orioles' baseball team, is a short drive up Interstate-95 North. Many renowned universities who have contributed to the field of psychology include Georgetown University, Catholic University, American University, Howard University, and the University of Maryland, all a short drive away. NNMC is approximately 6 miles from downtown Washington DC, 10 miles from Reagan International Airport, 24 miles from Dulles International Airport, and 35 miles from the Baltimore Washington Airport. NNMC is 5 miles from Walter Reed Army Medical Center, 17 miles from Andrews Air Force Base, 40 miles from Annapolis and 45 miles from Quantico, all of which are visited for operational and didactic training throughout the year.

In the past, the interns have rented apartments or homes in Bethesda, Gaithersburg, Germantown, Montgomery Village, Rockville, Silver Spring, and Wheaton.

For visitor information, open the following links:

- [NNMC Visitors' Guide](#)
- [Montgomery County, MD Tourism and Local Interest](#)

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## National Naval Medical Center

The National Naval Medical Center (NNMC) is across the street from the [National Institutes of Health \(NIH\)](#) and the [National Library of Medicine](#), the resources of each being readily available to our staff and interns. NNMC treats all active duty military (Air Force, Army, Coast Guard, Marine Corps, Navy and Public Health Service), the President of the United States, members of the President's cabinet and members of Congress and Senate. There are 61 professionally accredited residency and fellowship programs in medical and dental specialties. The hospital's pre-doctoral clinical psychology internship program has been fully accredited by the APA since 1964 and has been sited as a "model program" by the APA accrediting body.

The Psychology Department is contained within the [Adult Ambulatory Behavioral Healthcare Service](#) in the [Behavioral Healthcare Service Line](#) at the National Naval Medical Center (NNMC). Psychologists (11), psychiatrists (11) and social workers (4), with the assistance of hospital corpsmen (10), are the providers that make up the Adult Ambulatory Behavioral Healthcare Service. The Adult Ambulatory Behavioral Healthcare Service is located in building 7, decks 3 and 4. Each intern will have his or her own office and computer throughout the internship year.

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## Statement of Purpose

The internship program in clinical psychology is a twelve-month in-service period of academic and clinical training designed to meet two broad goals. The first is to provide the trainee with the experiences and skills necessary to meet the general requirements endorsed by the American Psychological Association. The second goal is to equip the trainee with clinical skills needed to practice within the military health care system.

Experience has demonstrated the Navy intern graduate typically reports to a billet (i. e., position) requiring a higher level of practice than his/her civilian counterpart. Because of the higher level of reliability and accountability demanded in the military environment, the professional skills and decisions of the military provider are more closely tracked. This tracking, plus the experience base of the civilian and military faculty, has allowed the internship to identify, establish, and continue to refine those skills necessary for effective professional performance at the next duty station without compromising the civilian standards established by the American Psychological Association. The site visit by APA in April 1985 described the internship as "a model program" because it has integrated internship experiences with post internship performance requirements. The 1990 site visit likewise produced overwhelmingly positive comments and a full five-year accreditation, as did the 1995 and 2000 site visits.

This process of continued refinement of critical skills is essential. The Department of Defense has devised and implemented a medical quality assurance system in many ways superior to systems in the civilian sector. Central to this system is mandatory licensure of clinical psychologists, physicians, nurses, and dentists coupled with a stringent credentialing and re-credentialing process that follows the health care providers wherever they go within the worldwide military health care system. From a larger perspective, the internship is only one of a set of supervised experiences, and supervision continues past the internship. The process includes obtaining the doctorate, required postdoctoral supervised experience, licensure, and credentialing by the commanding officer. Review and re-credentialing is then required at least every two years or when the provider transfers. The intent of the internship program is to support this continuous process of professional growth by providing those skills necessary to perform satisfactorily wherever the officer is sent after graduation.

There are a number of ways in which these professional skills can be conceived. By experience, the most effective method is to describe the skills to be acquired as learning goals either as part of a continuing process throughout the internship or as part of a particular internship rotation. The major rotations provide a framework of the areas of clinical practice in which military clinical psychologists provide services: outpatient, health psychology, and psychological assessment. Substance abuse and operational experiences comprise minor rotations. There is also year long training in long term psychodynamic therapy, family therapy and group therapy. By concentrating the intern's experiences sequentially while simultaneously providing

ongoing experiences in each area throughout the year of training, the best balance for achieving the learning goals occurs.

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## Clinical Activities

The internship year is comprised of an orientation period followed by the clinical rotations. The didactic portion consists of timely lectures and seminars throughout the year and a weekly Professional Development Seminar. Additionally, there are trans-rotational experiences to expand therapy and assessment skills. The interns typically spend approximately one week at sea to familiarize them with the operational Navy. While the program described below is planned for the coming year, it is subject to change based on faculty and trainee input since the internship is always seeking to improve.

### a. Orientation.

The orientation period is the first two weeks of the internship and covers such topics as: departmental structure, hospital command orientation, rotational objectives, dissertations, schedule of didactics, office assignments, etc.

### b. Clinical Rotations and Training Activities.

#### i. Psychology Outpatient Service

During this rotation, interns will learn how to do rapid evaluations of patients referred from a large number of sources with a wide variety of presenting problems. Intakes include all branches of the service (Air Force, Army, Coast Guard, Marine Corps, Navy, and Public Health Service) and their dependents over 18, command referrals, and weapons evaluations. After evaluating a patient, the intern may provide treatment, refer the patient to an appropriate military or civilian health care provider or facilitate discharge of the patient from the service. Interns may engage in supervised outpatient group, family, couples and individual psychotherapy.

Expect to work 40-60 hours per week. A typical week would consist of:

- Supervision of short term dynamic and CBT cases by USUHS faculty
- Five intakes a week (1.5 hours each)
- 15 follow up appointments (30-50 minutes each)
- Outpatient supervision (approx. 6-10 hours a week)
- One telehealth case and supervision (1-2 hours)
- Intake reports
- Progress notes.

## ii. Clinical Health Psychology

During this rotation, interns will respond to consultation requests from other services within the hospital such as neurology, oncology, anesthesia, endocrinology, physical therapy and internal medicine. These consultation requests typically ask for help with diagnosis, intervention and/or dispositional recommendations. Problems addressed include headaches, pain, anxiety, weight, treatment adherence, and lifestyle management. This rotation also provides experience with responding to patients who present in the Emergency Department. The intern will be responsible to the staff clinical health psychologist, who is an independently privileged provider, for the completion of these consultation requests.

A typical week would consist of:

- Two new intakes per week (1.5 hours each)
- Carry up to twelve patients (30-50 minutes each)
- Bi-monthly interdisciplinary meetings with Pain Clinic regarding referrals (approx. 1 hour)
- Supervision and didactics (approx. 3-5 hours)
- Emergency Room Evaluations
- Intake reports
- Progress notes

## iii. Psychological Assessment Service

During this rotation interns respond to consults for psychodiagnostic evaluations. The interns are expected to become proficient in the administration, scoring and interpretation of various psychological assessment instruments. Written reports are prepared under the administrative clinical supervision of the Head, Psychological Assessment Rotation and other independent privileged providers as designated by

## the Rotation Head.

A typical week would consist of:

- One to two assessments/batteries
- Progress notes
- Completion of consultative report
- Consultation with referral source
- Group supervision (2-4 hours)
- Individual supervision to review scoring on assessment instruments (2-6 hours)
- Tests administered during rotation include, but are not limited to:

Auditory Consonant Trigrams (ACT)

Booklet Category Test (BCT)

Brown Attention Deficit Disorder Scales (BADDS)

California Verbal Learning Test (CVLT)

Controlled Oral Word Association Task (COWA)

Facial Recognition Test

Luria-Nebraska Neuropsychological Battery: Adult Form

Minnesota Multiphasic Personality Inventory-Second Edition (MMPI-2)

Million Clinical Multiaxial Inventory-Third Edition (MCMI-III)

Projective Drawings

Rorschach Inkblot Test

Rotter Incomplete Sentences

Screening Test for the Luria-Nebraska Neuropsychological Battery:

Adult Form (STLNNB)

Speech Sounds Perception Test

Sea Shore Rhythm Test

Stroop Color-Word Test

Tactile Performance Test (TPT)

Test of Memory Malingering (TOMM)

Thematic Apperception Test (TAT)

Trail Making Test

Trauma Symptom Inventory (TSI)

Wechsler Abbreviated Scale of Intelligence (WASI)

Wechsler Adult Intelligence Scale - III (WAIS-III)

Wechsler Memory Scale - Third Edition (WMS-III)

Wender Adult Questionnaire - Childhood Characteristics (WAQCC)

Wide Range Achievement Test (WRAT-3)

Wisconsin Card Sort Test – Computer Administration (WCS)  
Woodcock Johnson Revised Achievement Battery [WJ-R (A)]

c. Didactic Training Presentations.

A comprehensive program of regularly scheduled seminars, lectures, and workshops accompanies the intensive direct supervision inherent in the several rotations. These didactic presentations are designed to provide the intern with state-of-the-art information and training relevant to effective functioning as a psychologist in the Navy. There are several varieties: (1) extended seminar series each of which is comprised of a number of sessions and which cover different topics such as psycho-diagnosis, forensic psychology, group therapy, short-term treatment models, etc., (2) individual lectures which focus on special topics, such as eating disorders, suicide evaluation and management, clinical research developments, military psychology, etc., (3) workshops, such as Exner Rorschach System, neuropsychology, pain management, etc. The presenters of these didactic programs are principally nationally renowned, distinguished colleagues from the civilian clinical and academic communities. Seminar presentations are scheduled in advance.

d. Substance Abuse.

The purpose of this minor rotation is to familiarize interns with the diagnostic categories of substance abuse disorders and the various treatment modalities available in the Navy.

e. Operational Orientation.

Visits to a variety of Navy facilities may be undertaken to orient the interns to naval line operations, so that they can better understand the work environment, training, culture, and stresses of the populations for whom they provide psychological services. As an example, they typically spend approximately one week at sea on a Navy ship and spend time at Quantico with the Marine Corps. They may also visit the Navy Criminal Investigative Service and the Department of the Navy Central Adjudicating Facility, which assigns and monitors security clearances.

f. Transrotational Requirements.

In addition to the basic requirements already expected of the intern to meet the goals of rotations, the following: transrotational objectives are required.

i. Long-Term Individual Therapy Cases.

Each intern is expected to carry at least one long-term outpatient case during the year (long-term means at least 9 months). The Director of Training will coordinate the assignment of long-term cases.

A typical week would consist of:

- One to two long term psychodynamic cases with weekly supervision/training (2-4 hours)
- Progress notes

ii. Family/Couples Therapy.

Each intern will carry at least one long-term or three short-term family/couples cases. The Outpatient Rotation supervisor will help identify family/couples cases on request. It is the responsibility of the intern to update and notify the Director of Training, about the date treatment began, the patient's names and the name of the therapy supervisor.

A typical week would consist of:

- One to four long term family/couples case with 1.5 hours of weekly group supervision (2.5-5.5 hours)
- Progress notes

iii. Group Therapy

Each intern will co-lead a group therapy session. Models include interpersonal, group as a whole and cognitive-behavioral.

A typical week would consist of:

- 1.5 hour group session
- 30-60 minute supervision
- Progress notes

g. Professional Development Seminar.

The purpose of this weekly training meeting is to provide a learning experience in group process and group dynamics. The seminar is also designed to serve as a scheduled forum in which the interns can discuss professional issues and relationships as they impact on themselves as individuals and as a group of colleagues. A psychologist-consultant who is not a staff member chairs the seminar. This facilitator makes no feedback to the staff.

h. Internship Training Meeting.

A weekly lunch meeting is held with the Director, Psychology Training and Research, the Department Head, or a speaker on operational psychology in which information can be exchanged, informal discussions held, etc. Some meetings may be devoted to an intern presentation of a research topic (usually the dissertation), which is discussed, by the intern group and the Director.

i. Journal Club.

Staff and interns present and discuss articles the last Friday of every month.

j. Case Conference.

Once a week, the behavioral health clinic meets and has a staff, intern or a guest speaker present a clinical case or topic.

k. Cinema Seminar Series.

Once a week, interns and psychiatry residents watch selected movies and discuss as a group the clinical relevance with a staff member(s).

l. Additional Functions and Roles.

i. Class Adjutant.

All interns will have the opportunity to function as the class adjutant at sometime during the internship year. As such the intern serves as the senior member of the class and as a conduit for information back and forth between the staff and the interns.

- a. Attends the weekly faculty meeting.
- b. Responsible for attendance sheets, lecture evaluation forms from interns, continuing education forms from staff and payment invoice signed by lecturer.
- c. Relays weekly didactic information to Air Force, Army, and VA Interns.
- d. Organizes all paperwork and travel for operational activities for internship class.
- e. Maintain an email and phone list for Air Force, Army, and VA Interns.

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## Rotational Training Objectives

The following objectives describe the knowledge, skill and abilities desired of the interns who complete the training program.

- a. Outpatient.
  - i. Demonstrate an understanding of the functions and administrative structure of the Behavioral Healthcare.
    - ii. Demonstrate ability to utilize appropriate forms used in the Behavioral Healthcare Clinic.
    - iii. Demonstrate skill in psychological evaluation by interview methodology.
    - iv. Demonstrate skill in utilizing information obtained from all sources.
  - v. Demonstrate ability to synthesize a differential diagnosis based on assessed signs and symptoms.
  - vi. Recognize the unique stresses confronted by the military family when undertaking diagnosis and treatment.
  - vii. Demonstrate an understanding of appropriate resources and

## administrative requirements

when making case dispositions.

- viii. Demonstrate skill in writing clear, succinct and meaningful consultation reports using appropriate language, which responds to the referral question.
- ix. Demonstrate skill in writing progress notes, consultation reports, and other relevant documents.
- x. Demonstrate skill at orally presenting a case in conference and supervision.
- xi. Demonstrate skill in working effectively with commands, supervisors, medical officers, and other referral sources.
- xii. Demonstrate skill in determining if consultation to other services in the hospital is indicated.
- xiii. Demonstrate skill in completing consultation request forms for referral.
- xiv. Evaluate consultation requests to the Behavioral Healthcare Clinic with an understanding of the objectives, responsibilities, authority, and limitations of the psychologist.
- xv. Demonstrate skill with short-term psychotherapy.
- xvi. Demonstrate skill with short-term group psychotherapy.
- xvii. Demonstrate skill with behavioral psychotherapy.
- xviii. Demonstrate skill in understanding and applying the multidisciplinary approach in treatment.
- xix. Understand the general indications for psychotropic medications.
- xx. Demonstrate skill in comprehending psychological assessment reports.

## b. Health Psychology.

- i. Demonstrate an understanding of the interrelationship between psychological factors and physical symptoms illness. This includes being able to describe the biopsychosocial approach to health care in terms that patients can understand.
- ii. Demonstrate working knowledge of anatomy, physiology and pathology as it relates to patients referred for psychological evaluation and treatment.

- iii. Demonstrate increased skills in the evaluation, diagnosis and treatment of patients who have psychological factors affecting medical conditions.
- iv. Demonstrate understanding of the use and application of behavioral medicine interventions to include biofeedback, relaxation techniques, performance enhancement techniques, hypnosis, cognitive behavioral treatment, behavior therapy, life-style modification, and other skills to enhance the well being of the patient.
- v. Demonstrate skill in consulting with physicians and support personnel within the hospital to formulate and coordinate treatment plans. Treatment planning will address psychological factors involved in a primary medical condition or conditions and contribute to the overall management of the patient.
- vi. Demonstrate skill in writing evaluations with specific treatment plans.
- vii. Demonstrate skill in documenting the course of treatment on a regular basis.
- viii. Demonstrate skill in writing an integrated treatment summary at the conclusion of each case to reflect the diagnosis, treatment, outcome, and prognosis.
- ix. Demonstrate skill in conducting stress management groups and seminars for both patients and staff on a regular basis.
- x. Attend rounds in designated medical departments appropriate to current caseload.
- xi. Demonstrate familiarity with standard medical procedures which patients must undergo for diagnosis and treatment.
- xii. Demonstrate ability to assist patients and staff in those procedures, which are distressing, by the use of accepted psychological techniques.
- xiii. Demonstrate familiarity with pharmacological intervention for depression, anxiety, and pain management.

c. Psychological Assessment.

- i. Demonstrate the ability to obtain pertinent information about a patient's previous and current levels of functioning from the following sources: referral source, medical evaluators, patient records (health records, service records), collateral sources, and patient interview.
- ii. Demonstrate the ability to assess the patient's personality functioning in the following areas: (a) perceptual and cognitive accuracy, (b) cognitive processes, (c) emotional and affective states, (d) problem solving, (e) self- image, (f) interpersonal functioning.
- iii. Demonstrate the ability to administer, score and interpret objective personality tests.
- iv. Demonstrate the ability to select, administer, score and interpret a personality battery including objective and projective tests.
- v. Demonstrate the ability to administer, code and interpret a Rorschach using Exner's Comprehensive System.
- vi. Conduct a screening assessment of neurocognitive functioning.
- vii. Demonstrate the ability to synthesize all assessment data into an integrated written report that provides a clear answer to the referral question.

d. Transrotational.

- i. Demonstrate ability to establish rapport with patients.
- ii. Demonstrate competence in the mechanics of psychotherapy (i.e., scheduling of appointments, handling missed sessions, etc.).
- iii. Demonstrate ability to conceptualize the case based on the intervention model.
- iv. Demonstrate ability to plan treatment goals and determine the appropriate length of therapy.
- v. Demonstrate ability to implement treatment goals; demonstrate knowledge of therapy techniques; e.g., cognitive framing/re-framing, interpretation, behavioral assignments,

etc.

- vi. Demonstrate understanding of transference and counter-transference issues.
- vii. Demonstrate ability to deal with resistance in a therapeutic manner.
- viii. Demonstrate ability to use supervision well.
- ix. Demonstrate understanding of psychotherapeutic issues relevant to termination of therapy and deal appropriately with these issues.
- x. Demonstrate appropriate use of psychotropic medication, as necessary, and how to work cooperatively with a physician in this regard.
- xi. Demonstrate skill in applying long-term psychotherapy.

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## Didactics and Workshops

Given the diverse professional population of the Washington-Baltimore- Northern Virginia area, there are numerous consultants that visit. There are weekly didactic trainings ranging from half-day seminars to two-day seminars. Below are several of the topics that have been presented:

Ethics and Professional Practice

Credentials and Professional Boards

Medical and Administrative Boards

Suicide Assessment and Management

Objective and Projective Personality Testing

Rorschach

MMPI-2

Clinical Diagnosis

Diagnostic Interviewing

Evaluation for Security Clearance

Evaluation of Malingering on Psychological Tests

Neuropsychological Screening

Neuropsychological Testing

Cognitive Remediation of Brain Dysfunction

Hypnotherapy

Cognitive Behavioral Therapy

Group Psychotherapy  
Marital and Family Therapy / Strategic Family Therapy  
Brief Psychodynamic Psychotherapy  
Health Psychology  
Military Psychology / Operational Psychology  
Women's / Men's Issues in Psychotherapy  
AIDS and Sexuality  
Obesity and Weight Management  
Orofacial Pain/TMD  
Posttraumatic Stress Disorder Combat Stress  
Critical Incident Stress Debriefing  
Psychotherapy vs medication for schizophrenia: The real data  
Constructivism applied to Grief and PTSD  
Psychopharmacology for Psychologists  
Forensic Psychology  
Minority Issues with African American Psychologists

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## Post-Internship Billets

Interns will have one year of training status and then will have three additional years of active duty service. As a Navy psychologist, you can be sent to any CONUS (continental US), OCONUS (overseas), or in the medical department on an aircraft carrier (e.g., USS Enterprise, etc.) duty station.

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## Additional Information

If you would like further information on the training staff at NNMC and/or names of the presenters of seminars and didactics, please email [navyinternship@bethesda.med.navy.mil](mailto:navyinternship@bethesda.med.navy.mil) or call 301-295-2476. Please provide your name and address, and we will gladly mail you this information.

## Links

- [National Naval Medical Center](#) (NNMC)
- [NNMC Behavioral Healthcare](#)
- [US Navy Healthcare Careers](#)
- [Officer Indoctrination School](#) (OIS)

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